



Adas Yeshuron Synagogue

See our website www.adasyeshuron.org for the complete list of High Holiday programming.

Until further notice, most Shabbat services, classes, and other regular synagogue activities will be held on Zoom to stop the spread of the coronavirus. Any in-person events are listed specifically, and face masks are required.

Contact the office if you need help with Zoom.



Shabbat Services

Until further notice, Shabbat services will be held on Zoom to maintain community health and safety.

Saturday, September 26, Shabbat services, 10:00 a.m.

Join Zoom Meeting: <https://us02web.zoom.us/j/85962789484>



Join us for the Yom Kippur!

Adas Yoshuron is offering services on Zoom for Yom Kippur, as well as study sessions and Break-the-Fast.

Registration is required.

[Click here to register](#)

Yom Kippur Schedule

Kol Nidrei, Sunday, September 27, 6-7:30 p.m.

Yom Kippur, Monday, September 28, 10 a.m.

Morning service with yizkor, 10 a.m. noon

Afternoon learning sessions, 2-5 p.m.

Contemplative Mincha, 5:45 p.m.

Neilah, 6:30 p.m.

Havdalah, 7:30 p.m. Bring your own food to break fast together on Zoom!

If you are feeling anxious about signing into Zoom, please log-in 5-10 minutes early to make sure everything is working for you.

[Click here to register](#)

High Holiday Resources

The Center for Small Town Jewish Life has compiled a unique set of High Holiday resources, created exclusively for the Maine Jewish community, accessible at no charge.

Here is a preview of the material you will have access to:

Reflections on Unetaneh Tokef with Rev. Kate Braestrup

Rev. Kate Braestrup, chaplain to the Maine Warden Service,

reflects on the words of Unetaneh Tokef, a powerful liturgical poem recited each year on Rosh Hashanah and Yom Kippur, and the resonance these words have on her work and experience.

Elul and High Holidays Concert with Nefesh Mountain

Enjoy beautiful melodies and reflections from Rabbi Erica Asch, Rabbi Rachel Isaacs, and the remarkable Nefesh Mountain.

High Holiday Podcasts from Musicians Feliza and Or Zohar

Enjoy a series of seven musical podcasts, covering topics and melodies from Rosh Hashanah and Yom Kippur.

Mindfulness & Melodies with Cantor Sheila Nesis

Cantor Nesis leads us on a meditative journey for the High Holidays.

To access the resource library, follow the link below and complete the registration form.

[High Holiday Resources](#)



Need help with errands? Please contact the office.

Let us know if you need help with Zoom!

Contact our office:

info@adasyoshuron.org

We hope you like receiving our emails. However, you can always [unsubscribe from this list](#).

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The office will not be open to the public, but we are responding to emails and voicemails.

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